



College Lane Surgery

PATIENT PARTICIPATION GROUP

NEWSLETTER

NOVEMBER 2018 | ISSUE 1 | VOL 1

CHAIRMAN'S STATEMENT

Welcome to the new look PPG Newsletter.

They say a week is a long time in politics. Well, three years have come & gone since the formation of the “new” style PPG, managed by the members with support from Surgery staff & Partners. It has flown by.

John Whelpton, Lawrence Doyle & I said that we would start the process of setting up the new PPG three years ago & put in the necessary systems. This we have done, and now it is time for us to step to one side. I believe we leave behind a functional PPG working in even closer co-operation with the Surgery staff & Partners. It hasn't all been easy but with common sense (not from me!) and good humour we have got things sorted.

Now it's time for a new regime to take over, headed up by Andree Evans. I wish you all the very best of good fortune. I'll still be around, lurking in the background, but others are more able to move things forward.

Finally I would like to thank Lawrence, John and all the staff at College Lane for their hard work, sound advice and patience whilst we did our little bit to get things moving. You have all been brilliant – thank you.

Good luck moving forward.
Best wishes,
Stuart Ensor

JOIN OUR PATIENT PARTICIPATION GROUP (PPG)

What is a PPG? It is a representative group of patients, and other surgery users, who have joined together to help both the Surgery and the users improve the medical facilities at our Surgery.

Working in partnership with GPs and practice teams, Patient Participation Groups ensure the patients' perspective is at the heart of local provision so that services are of high quality and continuously improve.

We meet every two months to discuss what is happening at the Surgery, any ongoing developments and areas of concern.

If you would like more information or would like to be involved, please email:

secretary.ackworthppg@outlook.com

COLLEGE LANE SURGERY ARE NOW AN OFFICIAL PARKRUN PRACTICE!



Are you interested in:

- improving health and wellbeing through physical activity, including volunteering?
- opportunities to socialise, make friends and be part of a welcoming, supportive community?
- activities that are free, outdoors and accessible to all?

If so, parkrun could be the answer.

- Free, weekly 5k events for all ages from 4+, every Saturday morning
- 2k junior parkruns for 4-14 year olds and their families on Sunday mornings
- Taking part is easy: register once on the parkrun website, print off your personal barcode and head down to your local event
- Parkrun is open to all, including those who are inactive or have health conditions or disabilities

College Lane Surgery are partnered with the Pontefract Racecourse and Nostell Priory parkruns. For further information/ to register visit: <https://www.parkrun.org.uk/>



PRESCRIPTION REQUESTS

Please be aware that we do not accept prescription requests via any organisations such as Echo, Pharmacy2u, Boots etc.

All prescription requests must be made via system online or at the surgery.

PPG MEMBER PROFILE - SANDY GILLAN

My involvement with the NHS is varied and allows me a privileged insight into the different aspects of the care it provides. My commitment to patient care is unwavering, particularly to minorities and sections of the community that can sometimes be overlooked. My strategic approach to problems and my passion for tackling crucial/sensitive issues is demonstrated by the positions I hold on various boards and funding organisations. I still attend the following organisations at present and am willing to provide patient care input as required:

- Pinderfields Hospital Cancer Patient Group (2013-Present)
- Yorks & Humber Clinical Senate Citizen Representative (2014- Present)
- Princes Trust Awards assessor and Business Start Up Mentor (2008-Present)
- National Trust at Nostell Priory Volunteer (2001-Present)
- English Heritage at Brodsworth Hall Volunteer (2013-Present)

FLU SEASON IS HERE AGAIN!



Flu vaccination is available every year on the NHS to help protect adults and children at risk of flu and its complications. Flu can be more severe in certain people, such as:

- anyone aged 65 and over
- pregnant women
- children and adults with an underlying health condition (such as long-term heart or respiratory disease)
- children and adults with weakened immune systems

For 2018, there are 3 types of flu vaccine:

- a live quadrivalent vaccine given as a nasal spray. This is for children and young people aged 2 to 17 years eligible for the flu vaccine
- a quadrivalent injected vaccine. This is for adults aged 18 and over but below the age of 65 who are at increased risk from flu because of a long-term health condition
- an adjuvanted trivalent injected vaccine. This is for people aged 65 and over as it has been shown to be more effective in this age group

We will be offering free flu vaccination to under 65s in at risk groups from 24th September with vaccination being offered for over 65s from 1st October. If you fall into any of these groups, please contact the surgery on 01977 611 023 to book an appointment.

REGISTER FOR ONLINE ACCESS

Not everyone can access their GP surgery during its normal opening hours, which is why you can now view, book and cancel appointments, view and request repeat medication via our website.

Simply call into the practice (over 16s only please) with some form of photo ID, i.e. driving license, passport or bus pass.

You will then be issued with a unique user name and password. Then visit our website (www.collegelanesurgery.com).






Taking part in cancer screening can:

- Help find cancer early
- Make it easier to treat
- Help save lives



Speak to your doctor or a health professional for more information

In partnership with:






www.ycr.org.uk/wiseuptocancer
Registered Charity 514898

WISE UP TO CANCER!

Screening helps find cancers early, but many people don't attend. Finding cancer early makes it easier to treat and gives a better chance of full recovery. To help spot cancer early you should take part in cancer screening. There are three national screening programmes for breast, bowel and cervical cancer.

Cervical screening is available for women aged 25-64 years.

Breast screening is available for women aged 50-70 years.

Bowel screening is available for men and women aged 60-74 years

TARGET DATES

The surgery will be closed from 12 noon on the following days for staff training: 17th Oct 2018, 14th Nov 2018 and 16th Jan 2019.

PRACTICE STAFF UPDATES

We are delighted to announce the following new staff joining our team:

- Dr Amreen Rahim (f) - GP registrar (fully qualified doctor training to be a GP)
- Dr Ismail Salu (m) - GP registrar (fully qualified doctor training to be a GP)
- Dr Ademola Ibiyooye (m) - GP registrar (fully qualified doctor training to be a GP)
- Zoie Caudle (f) - Practice Nurse
- Sara Hafidh (f) - Pharmacist
- Donna Thomas (f) - Health Care Assistant
- Dawn Hepplewhite (f) - Receptionist

Dr Adam Richardson became a partner at the practice 1st September 2018.

Dr Helen Ratcliffe who worked at the surgery as a registrar has now joined us on a permanent basis as a salaried GP.

In August 2018 we said goodbye to Dr Karen Needham who retired from the practice after 26 years of service.

SURGERY CONTACT DETAILS

Tel: 01977 611023

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www.collegelanesurgery.com